

The habit of tsetse flies of following humans is extremely dangerous. They will fly to meet a boat or a train. Here they do not, as an ordinary fly, settle on the window, but will hide under the seats. Their chief victims in this connection are women with thin stockings. Women are therefore specially enjoined to wear puttees when travelling in infected regions. The tsetse, however, has been known to bite through khaki trousers.

By the law of natural selection the tsetse prefers the black man to the white, for the probable reason that it is less conspicuous. The white man's fair skin and light clothing are some protection to him.

When once the tsetse becomes infected it remains so for the rest of its life, which may extend over a period of two or three months. The time when it is most active is in the early morning. It gets up with the sun, becomes torpid at midday, and disappears at night. The most dangerous places are near the water supply, at the cross roads, fords, paths under shady trees, and under tents.

The greatest hindrance to the extermination of sleeping-sickness lies in the natives themselves. Their fatalism and want of faith require almost superhuman effort to save them. They have no desire to help themselves. When once the native knows he is infected, he will travel miles to a magician.

One infected person within a fly area may cause the infection and destruction of a whole village.

The natives are by no means unintelligent, and should be told that *the bite of the fly means sleeping-sickness*, and stress should be laid on the protection afforded by clothes.

The concluding lecture of this most interesting and instructive course was illustrated by lantern slides, showing the tsetse and its haunts; also some of its victims, animals and humans, in various stages of the disease. The laboratory at Entebbe; a group of twenty-four out-patients, all doomed; the hospital on the Upper Congo; a maniacal patient, restrained with an old slave yoke; and many other subjects bearing upon this terrible disease. The last of these sad pictures was that of a deserted hut, with a grave in front of it.

Dr. Sandwith concluded with a message of hope for the future, which was not to be looked forward to with horror, but with the conviction that added knowledge would prove the stepping stone for the prevention and cure of sleeping-sickness.

An outbreak of sleeping-sickness often makes it necessary to remove whole villages.

## THE NURSING CONGRESS AT COLOGNE.

Miss Mollett means to limit the party she is kindly arranging to chaperone to the International Nursing Congress to Cologne to 50, so that those who wish to join it had better let her know at an early date, as we hear already of a Matron, two Sisters, and two nurses from one hospital alone who have notified their wish to be of the party. Rose Cottage, Three Cross, Wimborne, is Miss Mollett's home address.

Indeed, Sister Agnes Karll, the President, is held in so much respect by the members of the International Council all over the world that a record gathering is expected at Cologne. This triennial gathering has now become the recognized Parliament of Trained Nurses, and the more who attend the greater benefit will result. At an early date Miss B. Cutler, the Hon. Secretary of the National Council of Nurses in this country, will communicate with societies of nurses, midwives, and masseuses, the constitutions of which do not qualify them for affiliation with a trained nurses' National Association, but whose work is analogous, and therefore between which co-operation is mutually beneficial.

### DELEGATES FROM ITALY.

It is very probable that the Princess Doria and Madame Maraini will represent the Committee of the Regina Elena Nursing School of the Policlinico Hospital at Rome, at the Cologne Congress. Miss Dorothy Snell, the matron—whose work is producing such excellent results—will also attend, the night superintendent, and, it is hoped, an Italian probationer. We shall greatly miss the charming personality of Miss M. A. Turton, who has acted as Hon. Vice-President of the International Council of Nurses in Italy, but Miss Turton will remain on duty during the absence of Miss Snell. Now that the Scuola Convitto has become established Miss Turton would like to hand over the Vice-Presidency to another representative, pending the time when a National Council of Italian Trained Nurses can be formed. The International Council is deeply sensible of the great help which Miss Turton has given in the past.

An advertisement for staff nurses, for holiday duty, and afterwards to increase the number at the Policlinico Hospital at Rome, owing to extension of work, will be found in our advertisement columns.

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